

Worcestershire Wildlife Trust



17th March 2020

With the increased spread of Coronavirus (COVID-19), and in line with the latest government advice, we have decided to take additional precautions with regards to volunteering.

Our **Tuesday and Thursday Roving work parties will cease on Thursday 19th March** until further notice. As a precaution we will not be using the minibus and we, therefore, ask that volunteers meet **on site**. **Reserve-based tasks will also cease from Monday 23rd March.**

If you believe you have symptoms that may be Coronavirus (details below) please do not attend a work party.

If you are coming out for any volunteer task please ensure you wash hands prior to any activity and before eating or drinking. Please also, where possible, carry hand sanitiser with you and use it regularly when out tasks.

Those people identified as being in more vulnerable groups such as those over 70 and/or with pre-existing medical conditions may wish to avoid the work parties as a further precaution, but at present this is a decision for individual volunteers.

We will be reviewing this as the situation develops, and will issue new guidance if we consider we need to cancel work parties at a later date.

Please be aware of the following change to the work party timetable:

Thursday 19th March, Was at Pound Green Common, now at The Devil's Spittleful.
Please meet at Blackstone car park (Picnic Site) at 10:00am.

Please adhere to the following...

If anyone displays symptoms of the virus they should follow government guidance per their website [here](#)

Please check this regularly and remain vigilant as to changes in that guidance.

If you meet the criteria stated, the current contact is through the NHS 111 phone number or the NHS 111 online coronavirus service.

If you are displaying symptoms and self-isolating please do not return to your volunteer activities until declared fit by a doctor/clinician.

If as a result of government guidelines you are self-isolating and have not shown symptoms you may return to volunteer duties after fourteen days.

We recommend following the NHS guidelines to avoid catching or spreading coronavirus:

- wash your hands with soap and water often – do this for at least 20 seconds

- always wash your hands when you get home or into work
- use hand sanitiser gel if soap and water are not available
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- try to avoid close contact with people who are unwell
- do not touch your eyes, nose or mouth if your hands are not clean

If you have any of the symptoms of Coronavirus it is recommended that you stay at home for 7 days. Stay at home for 7 days if you have either:

- a high temperature – you feel hot to touch on your chest or back
- a new, continuous cough – this means you've started coughing repeatedly

Information sources:

There is a government website which describes government guidance [here](#)

There is an NHS link describing symptoms and what to do [here](#)

There is a BBC video describing how to self-isolate [here](#)

There are NHS FAQs [here](#)

If anything changes, or conditions escalate, we will provide a further notification to you by email. Please understand that this is a fast-changing situation so additional precautions may be made in line with future Government advice.

Thank you for your support and understanding.